

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Vista Meadows Academy

Month and year of current assessment:

Sept 2025

Date of last Local Wellness Policy revision:

JANUARY 2024

Website address for the wellness policy and/or information on how the public can access a copy:

VISTAMEADOWSPSA.COM

Section 2: Wellness Committee Information

How often does your school wellness committee meet?

Yearly

School Wellness Leader:

Name	Job Title	Email Address
Mr Harvey	School Leader	b-harvey@VISTAMEADOWSPSA.COM

School Wellness Committee Members:

Name	Job Title	Email Address
Ms Robertson	office manager	r-robertson@VISTAMEADOWSPSA.COM
Ms Carroll	Counselor	k-rencher@VISTAMEADOWSPSA.COM
Mr Carver	Security monitor	r-carver@VISTAMEADOWSPSA.COM
Ms Russell :	Para	y-russell@VISTAMEADOWSPSA.COM
Mrs. Richardson	Para	C-richardson@VISTAMEADOWSPSA.COM
		Ben 9K
		Phendler Roberts
		Kenneth Carr
		Mike Russell
		Mrs. Carroll

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- ☒ Michigan State Board of Education Model Local School Wellness Policy
- ☐ Alliance for a Healthier Generation: Model Policy
- ☐ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Vista Meadows Academy wellness policy contains all the components included in the Michigan State Board of Education's Local School Wellness Policy. Vista Meadows wellness policy designates duties to specific leadership. The policy addresses Smart goals as required by the state. Methods on how the academy addresses nutrition education, marketing and promotion are included in the policy. The wellness policy is reviewed annually and modifications are made as needed.

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Vista Meadows

Date: _____

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	- Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
Nutrition education shall be included in class and provide students with skills necessary to lead healthy lives	Nutrition Education interactive is given out in classrooms and shared with teaching staff	Before start of school year	Verbal check-ins during staff meetings and annual surveys	Principal	Teacher, staff, Students	Yes
encourage students to increase their consumption of healthy food during the school day	Lunch staff to encourage students as they grab their meals and as they are eating meals	During school year	Verbal check-ins with staff	Food service staff	teacher, staff students	on-going

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Address physical activity breaks for all students	discuss with teachers different strategies to engage students in physical activities during day	At the beginning of school	Verbal Check-in's during staff meetings	principle	teacher / staff / students	yes

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
N/A						

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Will establish nutrition standards for all foods and beverages provided, but not sold, to students during their school day	Encourage smart snacks items for classrooms held parties provided by staff	At the start of school	School leader monitoring parties and reminding teachers of guidelines	School teacher	School leader, Staff, Students	Yes